

## Evening keynote lecture and live demonstration:

### ***“ULTRASOUND OF THE PLANTAR ASPECT OF THE FOOT”***

17:30	Registration
18:30	Opening
18:45	Ultrasound of the Plantar Aspect of the Foot – Normal Anatomy, Pathology and Scanning Technique – incl. Live Demo
20:15	Coffee break
20:45	Interesting Musculoskeletal Ultrasound Cases related to the Distal Lower Extremity
21:30	Refreshments

### **Day 1: KNEE**

08:00	Opening
	KNEE #1
08:15	<b>Anterior Knee – Normal Anatomy and Scanning Technique</b> – incl. Live Demo
09:15	Hands-on Workshop-I (extensor mechanism, joint spaces, patellar retinacula, osteochondral surfaces)
10:00	Anterior Knee – Pathology
10:45	Coffee break
11:15	<b>Medial Knee – Normal Anatomy and Scanning Technique</b> – incl. Live Demo
11:45	Hands-on Workshop-II (MCL, semimembranosus insertion, pes anserinus)

12:15	Medial Knee – Pathology
<b>12:45</b>	<b>Lunch break</b>
	KNEE #2
13:30	<b>Lateral Knee – Normal Anatomy and Scanning Technique</b> – incl. Live Demo
14:15	Hands-on Workshop-III (biceps femoris, LCL, popliteus, iliotibial band)
14:45	Lateral Knee – Pathology
15:15	Coffee break
15:45	<b>Posterior Knee – Normal Anatomy and Scanning Technique</b> – incl. Live Demo
16:45	Hands-on Workshop-IV (posterior muscles and bursae, popliteal neurovascular bundle, saphenous, PCL, tibial & peroneal nerves, osteochondral surfaces)
17:15	Posterior Knee – Pathology
17:45	<b>Anterior Ankle – Normal Anatomy and Scanning Technique</b> – incl. Live Demo
18:30	End of Day 1

## **Day 2: ANKLE AND FOOT**

	ANKLE #1
08:00	Hands-on Workshop-VI (TA, EHL, EDL, PT, extensor retinacula, tibiotalar joint, deep peroneal nerve)
08:30	Anterior Ankle – Pathology
09:00	<b>Lateral Ankle – Normal Anatomy and Scanning Technique</b> – incl. Live Demo

10:00	Coffee break
10:30	Hands-on Workshop-VII (PL, PB, peroneal retinacula, PQ, peroneal tubercle, os peroneum, ATFL, CF, AITF, Bassett, subtalar joint, sural nerve, superficial peroneal nerve)
11:00	Lateral Ankle – Pathology
11:30	<b>Medial Ankle – Normal Anatomy and Scanning Technique</b> – incl. Live Demo
12:30	Hands-on Workshop-VIII (TP, FDL, FHL, deltoid lig, spring, tarsal tunnel and tibial neurovascular bundle)
13:15	Lunch break
14:00	Medial Ankle – Pathology
	ANKLE #3
14.30	<b>Posterior Ankle and Hindfoot – Normal Anatomy and Scanning Technique</b> – incl. Live Demo
15:30	Hands-on Workshop-IX (Achilles, plantaris, posterior recesses of the tibiotalar and subtalar, plantar fascia)
16:00	Coffee break
16:30	Posterior Ankle – Pathology
	FOOT
17:00	<b>Midfoot and Forefoot – Normal Anatomy and Scanning Technique</b> – incl. Live Demo
18:00	Hands-on Workshop-X (midtarsal ligaments, intrinsic plantar muscles, plantar neurovascular bundles, common digital nerves, plantar plates and technique to evaluate Morton neuroma)

18:30

Closing remarks